



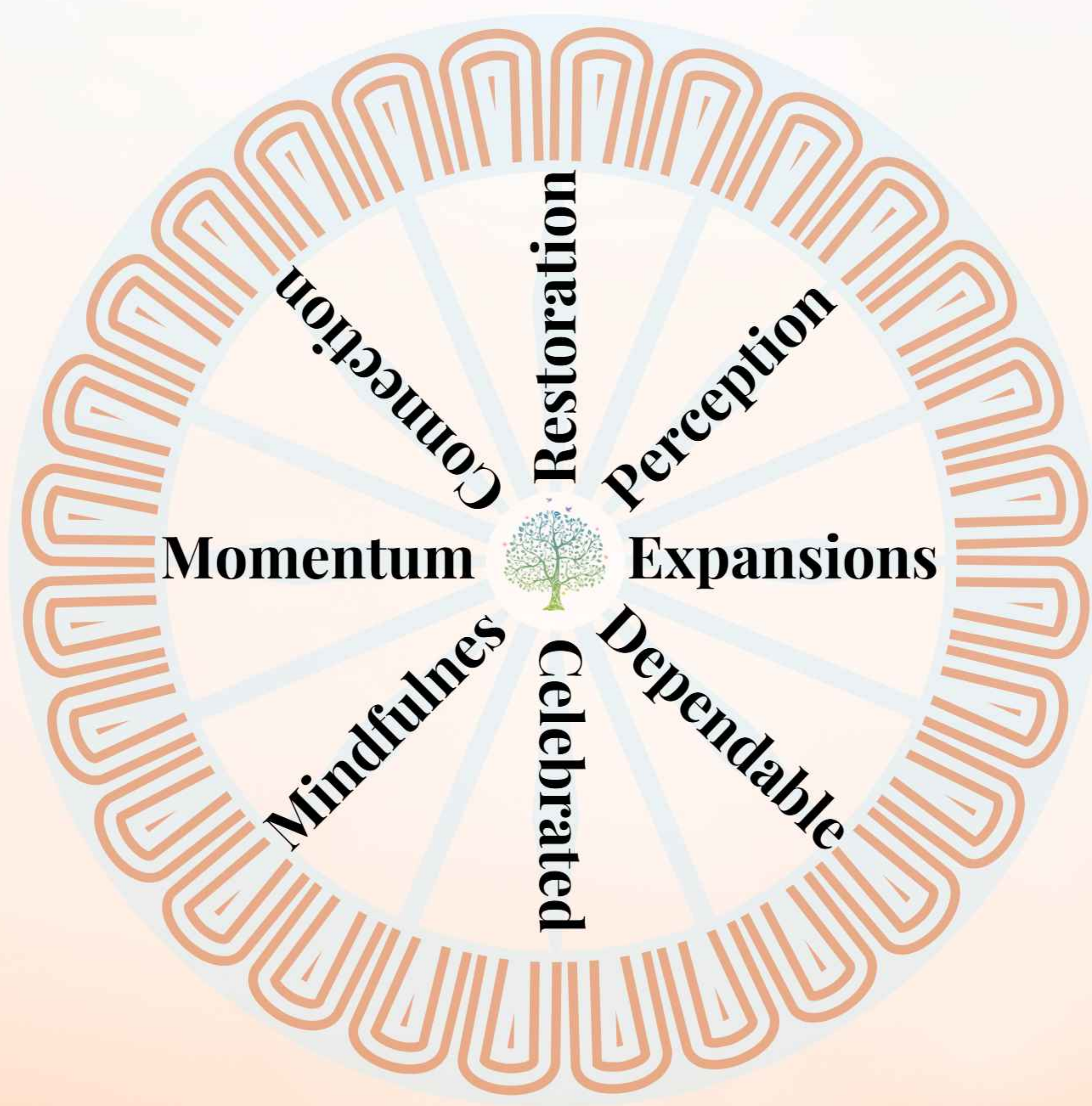
The Institute of Chartered Accountants of India

(Set up by an Act of Parliament)

Bengaluru Branch of SICASA of ICAI

SICASA NEWSLETTER

JULY - 2025



**"June Horizons: A Midyear Journey of
Reflection, Renewal, and Forward Momentum"**



SICASA Bangalore



SICASA Bengaluru



sicasabengaluru



<https://bangaloreicai.org/>



Bengaluru Branch of SIRC of ICAI

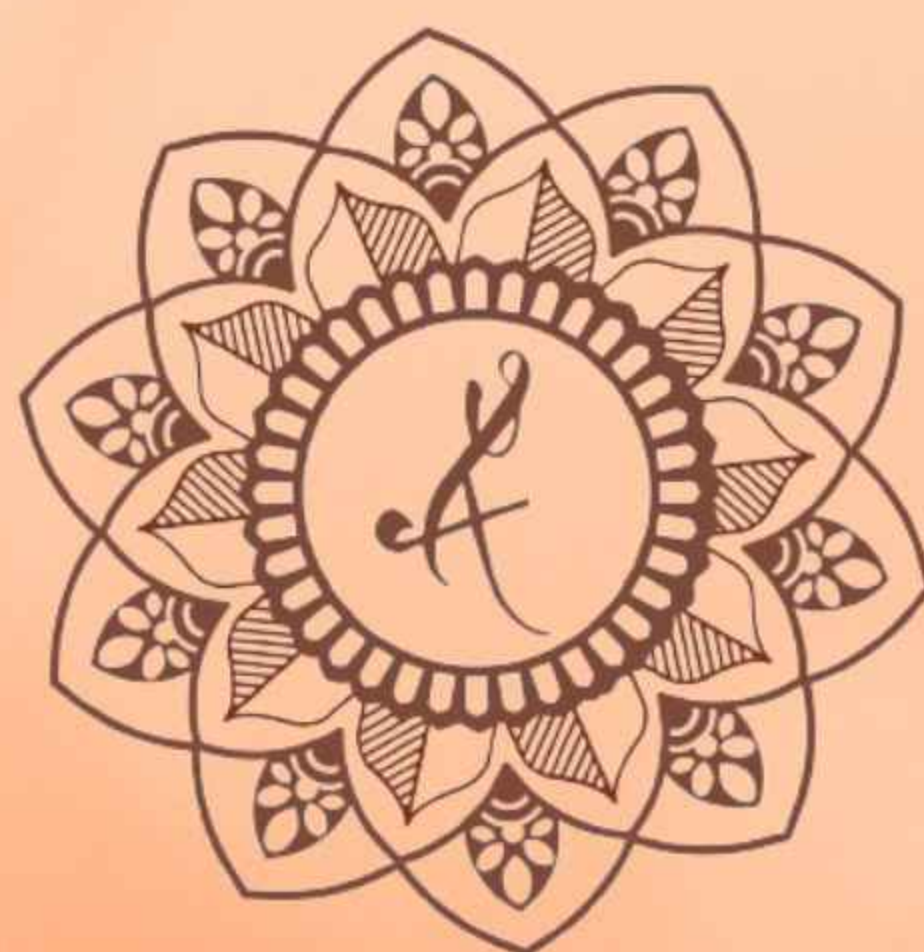


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THE TEAM

*Southern India Chartered Accountants Students
Association (SICASA) Bengaluru*



CA NISCHAL R B
SICASA CHAIRMAN
ICAI BENGALURU BRANCH - SIRC



CA Chandra Prakash Jain T G T
SICASA Co-Opted Member



PRUTHVI M DEV
VICE CHAIRMAN



GAGANA LAKSHMI N
SECRETARY



TARUN B K
TREASURER



NISHKALA G MUTHYAL
JOINT SECRETARY



SACHIN PATWARE
**PUBLIC RELATIONS
OFFICER**



SHRAVYA P R
CULTURAL SECRETARY



SAIRAM SREEKAR BUSETTY
SPORTS CO-ORDINATOR



SAHANA S
CGT PRESIDENT



GAGAN M
CGT SECRETARY



HEMANT KUMAR SETHIA
EDITORIAL HEAD



MAHALAKSHMI K E
SUB - EDITORIAL HEAD



NAVYA SHREE P R
SEMINAR CO-ORDINATOR



ANANYA S RAO
MEMBER



DINESH KUMAR
MEMBER



KAMESHWARAN O M
MEMBER



VISHAL R DESHPANDE
MEMBER



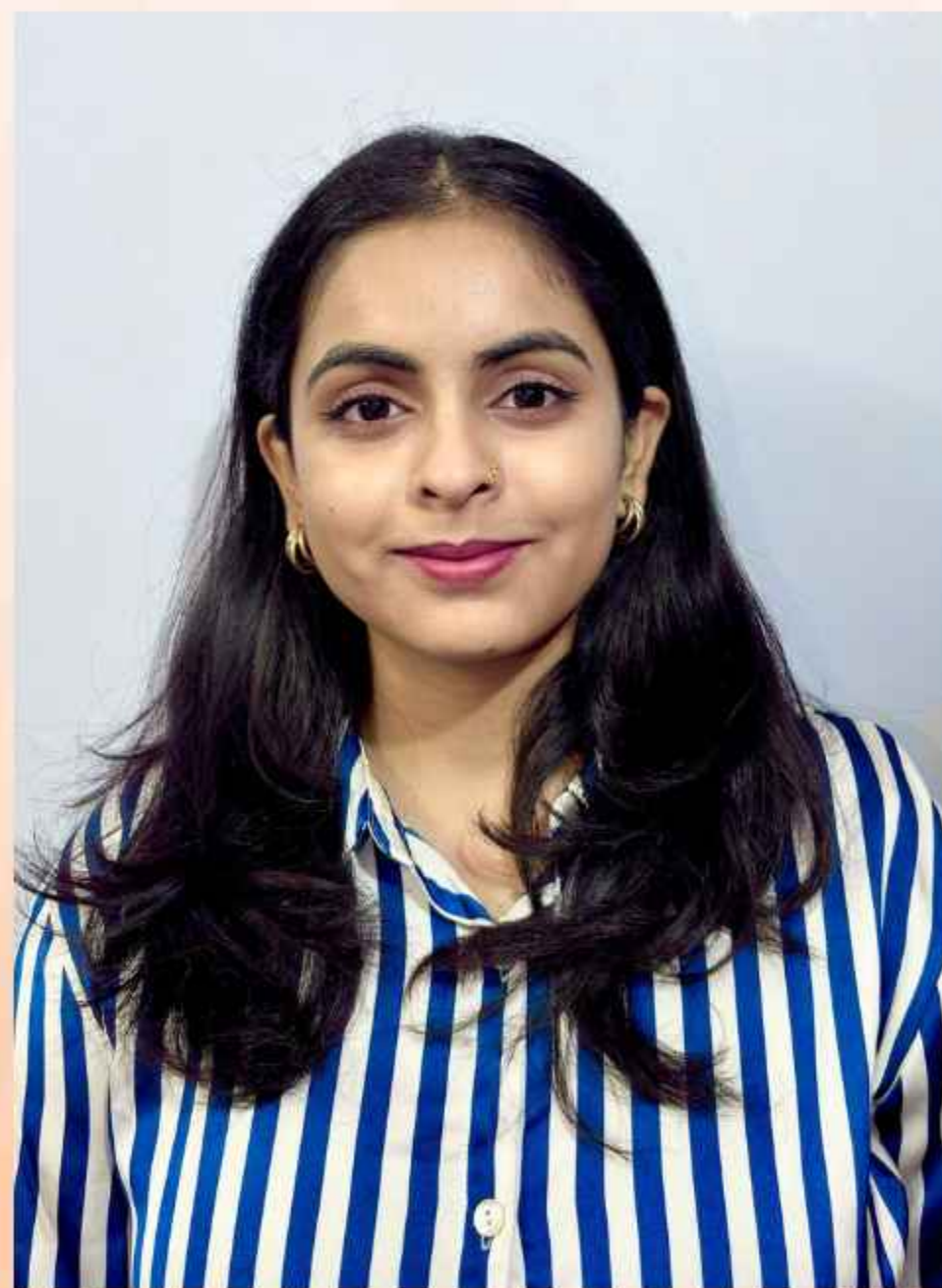
YOKES WARAN
MEMBER



HARIKA K V
MEMBER



SRIVATSA R
MEMBER



POOJA S
MEMBER



NOOR US SABA ANSARI
MEMBER

Chairman's Message



Dear Students,

Warm greetings to each one of you! As we step into the month of July, a period that holds significance in the professional journey of every Chartered Accountancy student, I wish to extend my heartfelt encouragement and guidance.

July marks the beginning of the second half of the year, a time to reflect on the progress made so far and to renew our determination for the months ahead. For many of you, this phase is filled with preparation for exams, articleship responsibilities, and the pursuit of balance between learning and practice. Remember, every challenge you encounter today is shaping you into the resilient professionals that our society and nation look up to.

The CA course is not just about passing examinations but about imbibing discipline, ethics, and analytical thinking. The profession you have chosen is one of immense responsibility, and it requires not just technical expertise but also integrity and commitment. I urge you to see every study session, every audit assignment, and every interaction at the workplace as an opportunity to grow both as a professional and as an individual.

The Bengaluru Branch, along with SICASA, continues to design initiatives that focus on your holistic development. Be it knowledge seminars, student conferences, or peer learning platforms, these are avenues for you to network, upskill, and gain insights beyond textbooks. I encourage each of you to actively participate, as these engagements often sow the seeds of leadership and innovation.

At this juncture, I would also like to remind you of the importance of mental and physical well-being. While academic excellence is vital, it is equally essential to take care of your health, manage stress, and maintain a balanced outlook. A healthy body and a positive mind are the strongest companions on your CA journey.

Let July be the month where you realign your goals, reinforce your preparation, and re-energize your spirit. Believe in yourself, stay consistent, and never hesitate to seek guidance whenever required.

Wishing you all the very best for your studies, articleship, and personal endeavors. Together, let us continue to uphold the values of our profession and move forward with pride and determination.

Best regards,

CA Manjunath M Hallur

Chairman

ICAI - Bengaluru Branch (SIRC)

SICASA Chairman's Message



Dear Future Chartered Accountants,

As we celebrate CA Day on July 1st, I would like to take a moment to reflect on the significance of this day. CA Day marks the foundation of our esteemed profession, and it's a reminder of the crucial role, chartered accountants play in shaping the economic landscape of our country. I'm proud to be part of this community, and I'm confident that each one of you will make a meaningful contribution to the profession.

As we move forward, I'm excited to share that June was also being celebrated as Sustainability Month by ICAI. This initiative highlights the importance of sustainability and environmental responsibility in our profession. As future chartered accountants, it's essential to recognize the impact of our actions on the environment and society. We must strive to incorporate sustainable practices in our work and promote eco-friendly initiatives.

As CA students, you're not only learning the technical skills required for the profession but also developing the values and principles that will guide your actions. I encourage you to take an active interest in sustainability and explore ways to make a positive impact. Your involvement and contributions can make a significant difference in creating a more sustainable future.

SICASA is committed to supporting your growth and development as CA students. We'll be organizing various events and activities throughout the month to promote sustainability and provide a platform for you to learn and engage with like-minded individuals. I invite you to participate in these initiatives and make the most of this opportunity.

As you continue your CA journey, remember that you're not just building a career; you're also contributing to the larger good. Your role as a chartered accountant will have a significant impact on the lives of others, and it's essential to approach your work with integrity, professionalism, and a commitment to sustainability.

I wish you all the best for your CA journey, and I look forward to seeing the positive impact you'll make in the profession and beyond.

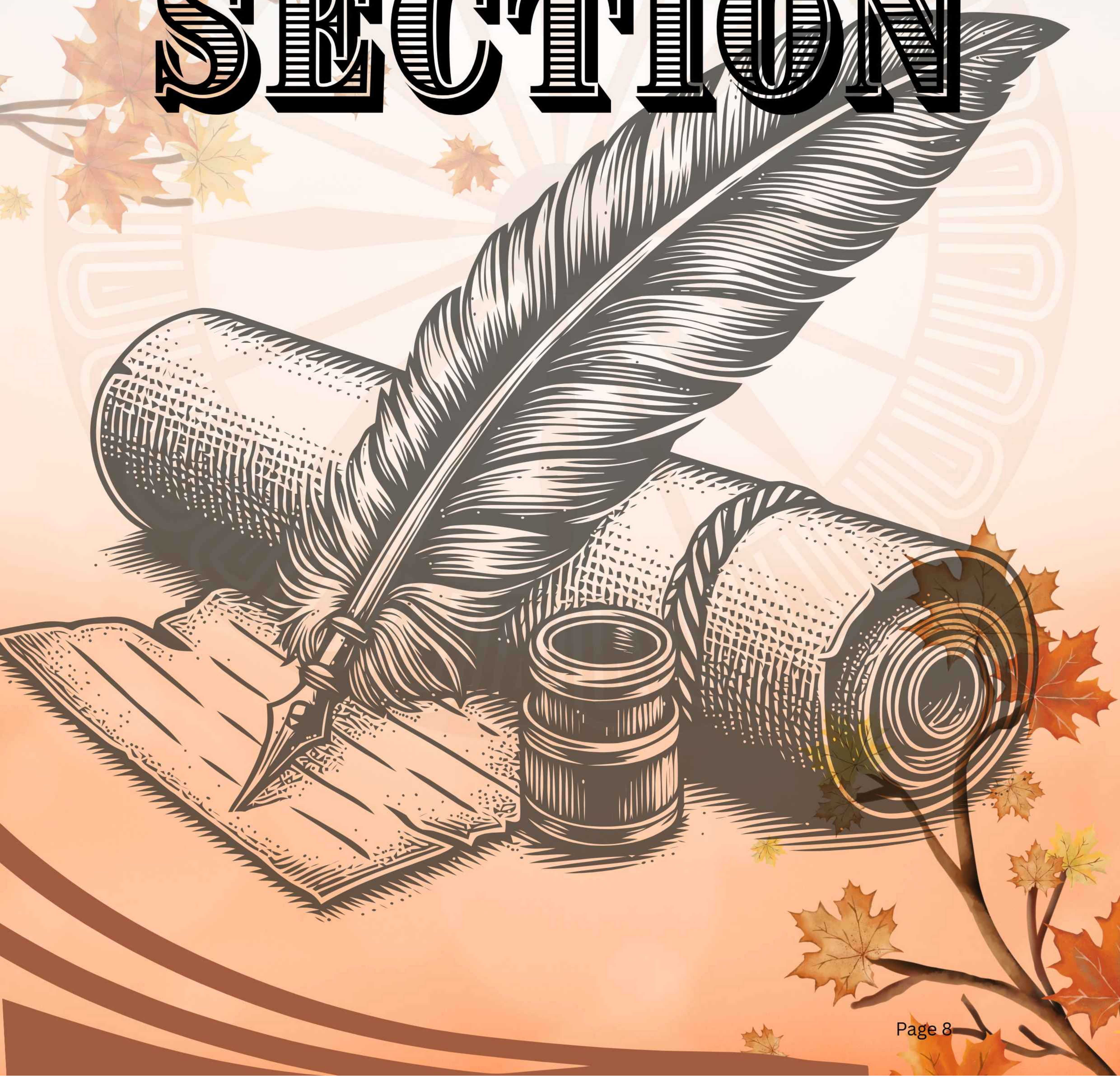
Best regards,

CA Nischal R Badarinath

SICASA Chairman

ICAI, Bengaluru Branch (SIRC)

ARTICLE SECTION



Social Scroll : The Silent Addiction

Addiction's claims may bind the soul,
A silent thief that takes its toll.

Yet even in darkness, courage will stay,
One spark of improvement can light the way.

Social Scroll - The Addiction of Gen Z, the necessity of today's era. Ever tried removing social media from your phone and realize how quickly FOMO hits in? This is probably because the need to adjust in the society has made us all habitual of the social media – what we call as The Social Scroll, destroying our habits and mental peace in the process.

The Genz scrolls in boardrooms and breakrooms, making it look normal to scroll in every 15 minutes, not to relax, but to escape, escape from work, escape from reality, and escape from the practicalities of the corporate.

The loop may look like subtle in the beginning, only to realize that it becomes deadly with each passing day. Every 5 minutes, in between the breaks, during the lunch, or just after waking up, the social scroll has equipped the youth, not with purpose, but with pixels, pixels which seem fascinating, but have flabbergasted the minds of the youth.

The sadder part here is, that professionals are burning out, and they seek social scroll as a form of relaxation, which is the biggest illusion in today's era. The deadlines are getting blurred, ideas are getting scattered, sleep is fading and restlessness has become the new trend.

The 5 mins of social scroll is not helping you relax, but fall deeper into the pit of anxiety and depression. The negative consequences of social scroll is not just concerning, but is extremely disastrous to the mental health, productivity performance, and physical health.

Some of the serious consequences of social scroll are –

1. Physical Health – Too much of social scroll can lead to decreased physical activity and potential health problems.

2. Loss of control – Addiction of social scroll can lead to loss of control on oneself, even when the reality hits deeper – that it's not relaxing.

3. Reduced Productivity – As the human mind is not just wasting time, but trading clarity for clutter, the productivity decreases, increasing the performance pressure.

4. Mental Health – One of the biggest disaster that occurs due to social media is the irreparable destruction to mental health, constant comparisons, and feelings of being inadequate.

5. Dissociation – Excessive scrolling can lead individuals feel disconnected from their surrounding and nearby people.

Not only these, but there are endless harmful consequences of social scroll. Hence, it becomes necessary to understand how to avoid mindless scrolling –

1. Break the Habit, Practice Mindfulness – Mindfulness requires the person to be in the moment, and stay aware of his actions.
2. Setting Time Limits – Time limits can help you control your mindless scrolling. Some professional apps help control the same.
3. Start your day without screen and turn off non – essential notifications.
4. Ask WHY – Introspect your Intentions everytime you open any app.

Because, Mindless Scrolling is just mindless, but your time & energy are – Priceless!



NAME – Ishwin Kaur
SRN – CRO0691148

Spreadsheets Can Be Green Too: The CA's Role in Sustainability

When we think of climate change, we often think of melting glaciers, wildlife documentaries, or activists holding placards. We rarely think of a Chartered Accountant quietly typing away in an office. But strangely enough, CAs are starting to play a small but powerful role in protecting the environment — and that's something most people don't see coming.

There's a growing area in the finance world called green accounting, and it's becoming more important by the day. Unlike regular accounting that focuses only on money, green accounting also looks at the environment — like how much pollution a company is causing, how much energy it's saving, or how many resources it's using. It's a way of showing not just how rich a company is, but also how responsible it is.

And here's where carbon credits come in. Every time a company releases carbon into the air — from factories, transport, or energy usage — it's basically harming the environment. But to balance this out, they can buy "carbon credits," which are like tokens from other companies or projects that are reducing carbon — like wind farms, solar plants, or forest conservation. In simple words, it's like saying, "I made a mess here, but I'm paying someone else to clean up there."

But who keeps track of all this? Who checks if companies are really doing what they claim? Who calculates the numbers, writes the reports, and makes sure it's not just a marketing gimmick?

That's where CAs are stepping in.

More and more companies are now expected to show their environmental impact in their annual reports. Big investors and even governments are asking questions like: "What's your carbon footprint?" or "How are you managing climate risks?" And suddenly, financial professionals are finding themselves learning about emissions, sustainability goals, and something called ESG — which stands for Environmental, Social, and Governance factors.

For a young CA, this might seem like a completely different world. But actually, it's just an extension of what we already do: track, report, and ensure transparency. It's just that this time, the numbers don't only speak about profits — they speak about the planet too.

It may not seem glamorous. It may not make headlines. But the work matters. Because whether it's helping a company become carbon neutral,

Preparing a sustainability audit, or guiding a startup towards eco-friendly practices — CAs are quietly helping shape a greener future.

So no, we may not be planting trees with our own hands. But maybe, with the right data, the right advice, and the right numbers, we're helping others do it — the right way.

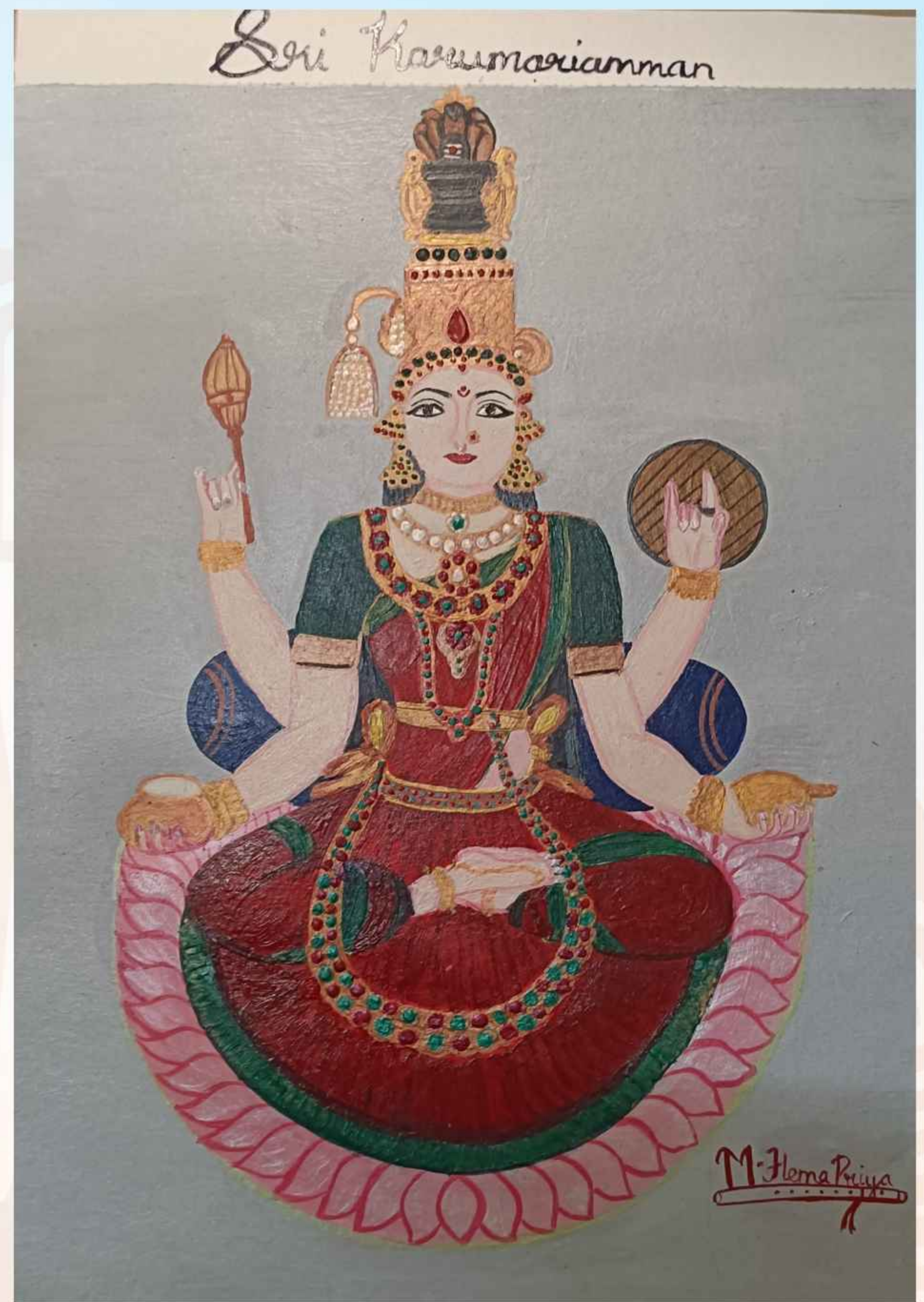
NAME : Aarush Prabhu

SRN : SRO0916073

ART



**ART BY -
VAISHNAVI KAMATH**

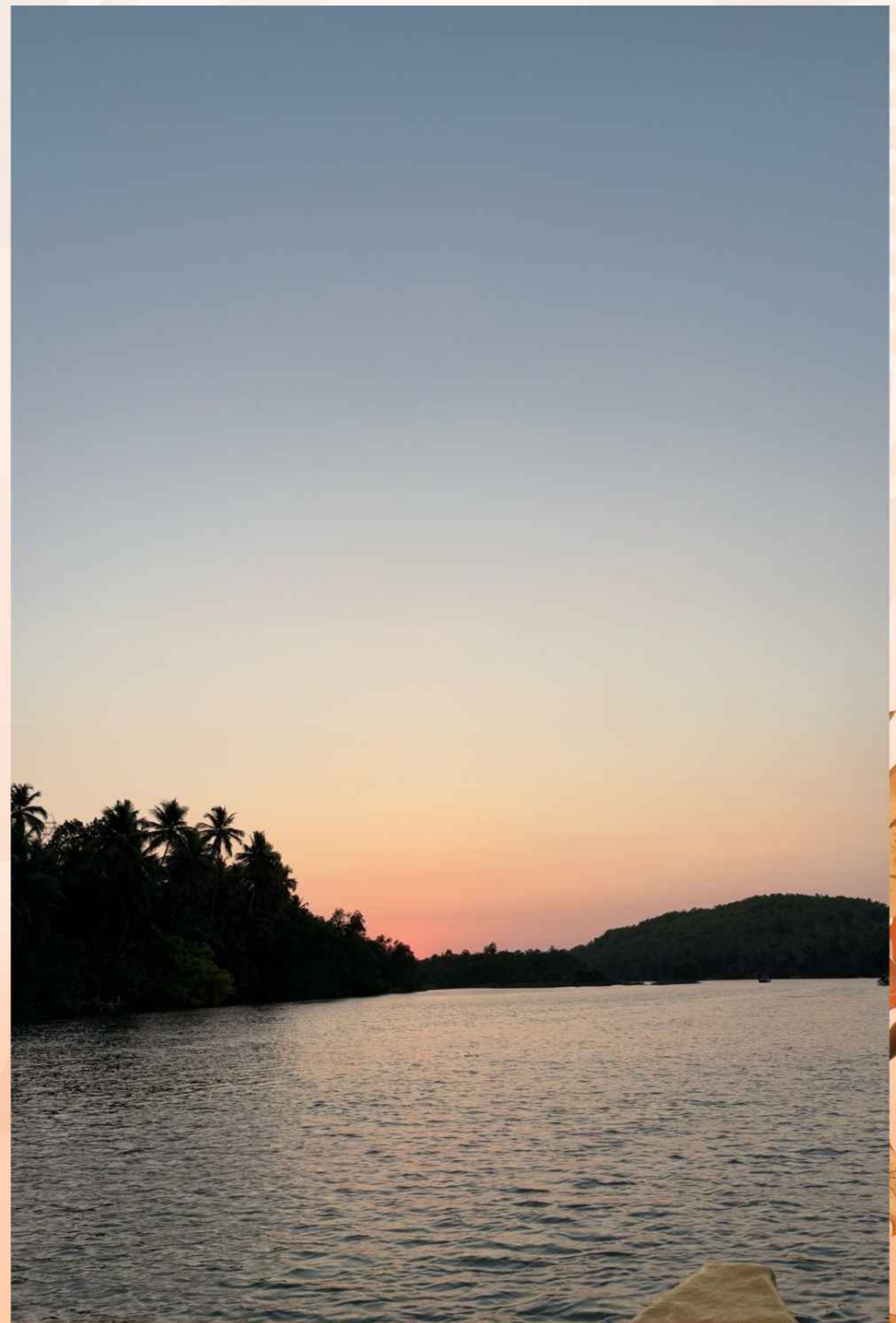


Name : Hema Priya M
SRN : SRO0826289

PHOTOGRAPHY



Name: Sairam Sreekar Busetty
SRN: SRO0713104



Name : Mahalakshmi K E
SRN : SRO0837168

POETRY

Divine

HYY DIVINE ,
WHEN YOU WILL BE MINE

THE MOON IS YOURS
THE SUNSHINE IS YOURS
THE TWINKLE STAR ALSO YOURS
BECAUSE YOU ARE THE UNIVERSE.



WHEN I TRY TO REMEMBER YOUR SMILE & YOUR EYES,
EVERYWHERE I CAN HEAR TO YOUR MIRACLE VOICE.
TO SEE YOUR ELEGANCE THE STARS ARE IN QUEUE,
IN ENGLISH ALPHABET ONLY I KNOW IS Y O U.

HER SHYNESS MADE MY HEART TO RUN ON IT'S TOP GEAR,
AND HER PRESENCE IS SPREADING CHARM EVERYWHERE.
IN FRONT OF HER THE RAINBOW LOOSING IT'S COLOR,
BECAUSE THE SKY IS FALLING FOR HER.



-gagan

SR00795111



SSF MEET



MEET 335

Theme: Jab We Met... Professionally

On 15th June 2025, Sunday

General Evaluator: DTM Ramlal

The meet “Life between two exams” focused on the importance of interludes—those meaningful pauses between milestones that help students grow, reflect, and recharge. The word of the day, interlude, was explained with an example to encourage members to appreciate the learning journey beyond just exam outcomes. The quote, “Everyone reads your results. Only you know what happened in between,” resonated strongly with all participants. The agenda included a networking breakfast from 8:15 AM to 8:50 AM, followed by an engaging session until 11:15 AM. Members wore blue to reflect unity and spirit. The session provided a vibrant platform for CA students to develop confidence, communication, and leadership skills in a positive, peer-driven environment. The meet concluded on an inspiring note urging everyone to “Do Your Best.”



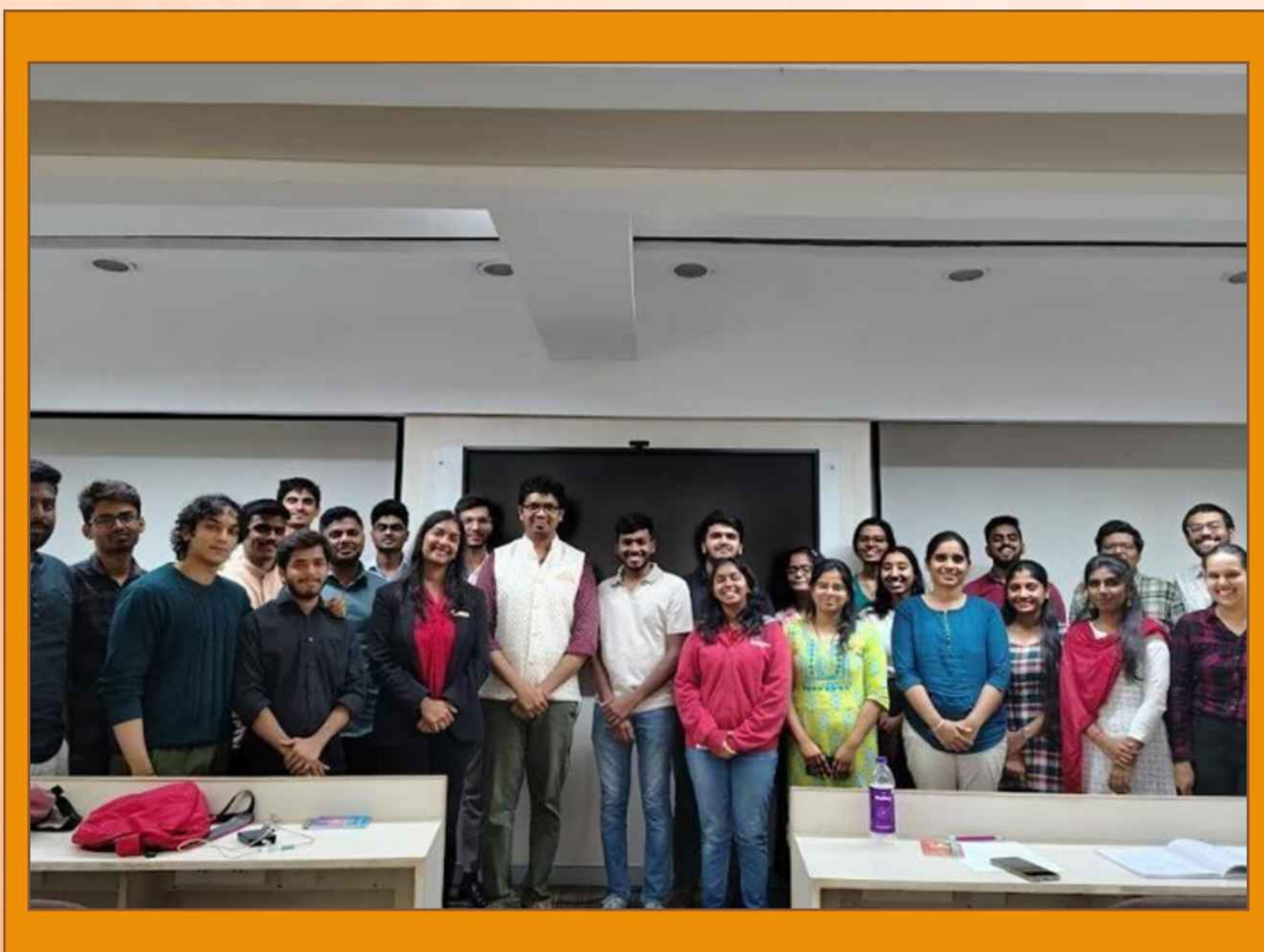
MEET 336

Theme: Life between two exams

On 22nd June 2025, Sunday

General Evaluator: CA Sudhindra

The 336th SICASA Speakers Forum Meet, held on Sunday, revolved around the engaging theme "Jab We Met... Professionally". The session highlighted the defining power of professional encounters—those pivotal moments when a handshake led to a partnership, a conversation sparked a new opportunity, or a speech ignited self-belief. Participants enthusiastically shared personal stories of growth, mentorship, and unexpected collaborations that began with a single interaction. Through speeches and reflections, the forum underscored the importance of networking, communication, and being open to opportunities. It served as a reminder that the journey of a successful career often starts with one meaningful conversation. The atmosphere was filled with inspiration, learning, and a renewed sense of purpose. The meet not only celebrated past experiences but also encouraged members to create new ones—turning everyday professional moments into stepping stones for future success. It was yet another impactful session in the SICASA Speakers Forum series



MEET 337

Theme: Clueless but Confident

On 29th June 2025, Sunday

General Evaluator: CA Ram

The 337th meet of the SICASA Speakers' Forum, Bengaluru, was successfully held on Sunday at ICAI Bhawan, Race Course Road. Themed "Clueless but Confident," the session aimed to encourage CA students to embrace public speaking with boldness and clarity. The word of the day, "Audacious," and the quote by Louisa May Alcott set an empowering tone for the event. The meet commenced at 8:30 AM with Akshobhya as the Sergeant at Arms, followed by a Presidential Address by Pranav Raj and minutes reading by Diya Kothari. Vallari took over as the Master of Ceremony, seamlessly anchoring the event. Participants dressed in black contributed to the theme and brought great enthusiasm to the floor. The session concluded with an engaging round of speeches and role plays, followed by a networking breakfast at 10:45 AM. The forum once again proved to be a nurturing ground for confident communication and leadership.



SICASA Bengaluru Committee Meeting

Organized by Bengaluru Branch of SICASA of ICAI

On 16th June 2025, Monday

A committee meeting was held at ICAI Bhavan, Vasanth Nagar, to discuss and finalize various upcoming events and initiatives. The meeting commenced with a discussion on the proud achievement of being featured in the India Book of Records and global world Records. Members then reviewed the progress of competitions including Essay Writing, Slogan Writing, Video Making, and Quiz. Winners will be announced on 21st June 2025.

Plans for International Yoga Day on 21st June were confirmed, to be conducted from 7:00 AM to 9:00 AM. Participants will receive T-shirts, caps, and breakfast, and are requested to bring their own yoga mats. The Badminton Tournament was approved, with the final date set for 29th June 2025. Categories include Men's Doubles, Women's Doubles, and Mixed Doubles. Naming of the tournament is under discussion.



A One-Day Seminar focused on Income Tax Return Filing is scheduled for 5th July 2025, featuring two expert speakers. Roles and responsibilities were distributed among committee members to ensure seamless coordination. The meeting concluded at 10:00 PM with mutual agreement on all discussed items and clear action points for upcoming events.

The following Members were present at the meeting: CA Manjunath M. Hallur (Chairman), CA Nischal Reniguntla Badarinath (SICASA Chairman), Pruthvi M Dev (Vice Chairman), Nishkala G Muthyal (Joint Secretary), Tarun B K (Treasurer), Sairam Sreekar Busetty (Sports Co-Ordinator), Gagan M (CGT Secretary), Hemanth Kumar Sethia (Editorial Head), Mahalakshmi E (Sub-Editorial Head), Navya Shree P R (Seminar Co-ordinator), Noor (Volunteer), Shravya (Cultural Secretary)



NTS EVENT



NTS – Quiz Competition

ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru

On 01st June 2025, Sunday

The ICAI Bengaluru Branch (SIRC) and SICASA Bengaluru successfully conducted the Branch Level Round of the National Talent Search (NTS) Quiz Competition 2025 on Sunday, 1st June 2025 at ICAI Bhavan, Vasanth Nagar. The event was conducted under the guidance of CA Manjunath M Hallur (Chairman, ICAI Bengaluru Branch), CA Nischal R B (Chairman, SICASA), and CA Chandra Prakash Jain TGT (SICASA Co-opted Member).

The competition saw an enthusiastic participation of 27 dynamic teams comprising CA students from Intermediate and Final levels. The quiz was conducted in multiple engaging rounds including a Rapid-Fire Round, testing the students' knowledge on General Awareness (80%) and CA-related subjects (20%). The teams were evaluated based on accuracy, speed, and strategic thinking.



After a thrilling and intellectually stimulating battle, the team of Nagaraj and Sumedha emerged victorious, showcasing exceptional teamwork and presence of mind. The winners were awarded certificates and customized goodies, along with eligibility for the Regional Level round.

The event concluded with great enthusiasm and appreciation, motivating students to participate more in such knowledge-enhancing competitions.



NTS – Elocution Competition

ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru

On 01st June 2025, Sunday

The CA Students' National Talent Search 2025 – Elocution Competition was successfully held on Sunday, 1st June 2025, at ICAI Bhawan, Vasanth Nagar, Bengaluru. The event was organised by the Students Skills Enrichment Board (Board of Studies) and hosted by SICASA Bengaluru. It witnessed enthusiastic participation from CA Intermediate and Final students currently undergoing articleship training.

Participants delivered compelling 10-minute presentations on diverse topics such as “One Nation One Election,” “Redefining Intelligence Beyond Grades,” and “The Role of Auditors in the Digital Era.” The competition proceeded through multiple rounds, including a Q&A segment and a final common question round that tested the depth of understanding and clarity of thought.

After a highly competitive and intellectually stimulating event, Sathwik Prabhu and John Fredrick D'Souza emerged as the winners. They will now represent the branch at the regional level, marking a proud moment for SICASA Bengaluru.



NTS – Essay Writing Competition

ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru

On 01st June 2025, Sunday

The National Talent Search 2025 Essay Writing Competition, organized for CA students of the Bengaluru Branch, provided an excellent platform to express insights on contemporary themes such as AI and data in policymaking, the regulatory landscape of cryptocurrency across countries, time management in the age of distraction, and One Nation, One Election. The competition aimed to enhance analytical thinking, research aptitude, and effective communication—essential skills for future CAs. The event saw enthusiastic participation, with students presenting well-reasoned arguments and original perspectives. Winners were felicitated for their outstanding essays. Overall, it was a successful initiative promoting thought leadership and holistic development. Winners of the competition were Darshan R, Aaratrika & Aachal.



NATIONAL CONFERENCE OF CA STUDENTS

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 6th June 2025

DAY 1 - AADHI

The National Conference of CA Students 2025 is one of the most awaiting events of all. The Guest of Honour for the day was Mr. Vilas V Shinde (IRS), the inauguration was done by the Guest and all Distinguished members.



ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru set a world record for the maximum number of participants singing simultaneously at a single venue. Around 2,151 CA students sang the ICAI Motto Song in unison at AAROHANA-2025



The first session of the day was a Special Session—an interactive meet with the Board of Studies (BOS) Operations, ICAI, conducted by CA Madhukar Hiregange, Central Council Member of ICAI



Two Knowledge Sessions were held. The first, on Startups, Which chaired by CA Herambha Hegde, the second session focused on Taxation, with Direct Taxation Chaired by CA Vijay Raja and Indirect Taxation by CA Hanish S. Both sessions provided practical knowledge and current updates, which helped students.



Two Skill Up Sessions were conducted during the day. The first session, titled 'Journey of a CA to CEO/CFO of the Future,' was delivered by Mr. Wilfred Shreyas, the second session, led by CA Shirish Vyas, focused on 'Balancing Articleship with Studies,' offering practical tips and time management strategies.

NATIONAL CONFERENCE OF CA STUDENTS

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 7th June 2025

DAY 2 - VRUDDHI

Day 2 Vruddhi was inaugurated by Dr. C. N. Manjunath, MP (Lok Sabha), who also served as the Chief Guest for the National Conference – Aarohana 2025.



For the first time, a spiritual session was organized for CA students, conducted by HG Shri Vighraha Dasa from ISKCON. He guided the students on a spiritual path, offering insights that left everyone feeling enlightened and inspired.



The next two knowledge sessions focused on key professional areas. The first session, on Audit, was chaired by CA Shravan G, followed by an insightful session on AI and Technology chaired by CA Narasimhan Elangovan. Both sessions provided valuable knowledge and practical insights to the participants.



Two impactful Skill-Up sessions were conducted. The first, titled "Setting Goals for Success in Exams and Life," was led by CA Rajavardhan A, offering students practical strategies for personal and academic growth. The second was a motivational session by a group of soldiers representing all wings of the Indian Armed Forces (Army, Navy and Air force), focusing on the values of discipline and empathy.



CULTURAL EVENT - SWARA

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 7th June 2025

SWARA

The cultural highlight of the National Conference Aarohana 2025 was "SWARA" – a vibrant evening filled with diverse cultural performances. The event was graced by Sandalwood celebrities Shine Shetty and Garuda Ramachandra Raju, whose presence added immense energy and excitement. The night featured an array of performances by CA students, including music, dance, band acts, drama, and more, making it a truly memorable celebration of talent and creativity.





India Book of Records

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 6th June 2025

ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru set a world record with India Book of Records for the maximum number of participants singing simultaneously at a single venue. Around 2,151 CA students sang the ICAI Motto Song in unison at AAROHANA-2025



Global World Records

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 7th June 2025

ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru set a world record with Global World Records for the maximum number of participants singing simultaneously at a single venue. Around 2100+ CA students sang the ICAI Motto Song in unison at AAROHANA-2025



Blood donation camp and Free Eye Check-up

**Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru
On 6th June 2025**

Day 2 Vruddhi was inaugurated by Dr. C. N. Manjunath, MP (Lok Sabha), who also served as the Chief Guest for the National Conference – Aarohana 2025. The day featured a free eye check-up and blood donation camp, both of which saw active student participation.



11th INTERNATIONAL YOGA DAY

Hosted by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru

On 21st June 2025, Saturday

The 11th International Yoga Day was celebrated with great energy and purpose on 21st June 2025 at the prestigious Vidhana Soudha, Bengaluru. The event was organised by the Public Relations Committee and the Committee on Promoting Work Life Balance, ICAI, and hosted by ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru. With the theme “Mind Over Matter”, the event aimed at promoting mental and physical well-being through the ancient discipline of yoga. Over 162 CA students enthusiastically participated in the session, which was held from 6:00 AM to 9:00 AM. Guided by trained yoga professionals, the participants engaged in a series of asanas, breathing exercises, and meditation practices. The tranquil early morning setting at Vidhana Soudha elevated the overall experience. The event served as a reminder of the importance of a healthy work-life balance, encouraging students to integrate yoga into their daily routines for better focus, energy, and inner calm.



CA SMASH LEAGUE (BADMINTON TOURNAMENT)

Organized by ICAI, Bengaluru Branch (SIRC) & SICASA Bengaluru

On 29th June 2025, Sunday

At Twin Bee Sports Arena, Nagarbhavi, Bengaluru

The ICAI Bengaluru Branch (SIRC) in association with SICASA Bengaluru proudly organized the CA Smash Badminton Tournament – 2025 on Sunday, 29th June at Twin Bee Sports Arena, Nagarbhavi. The event was a grand success, bringing together over 200 young and dynamic CA students who participated with great energy and competitive spirit.

A total of 103 teams, comprising 206 players, competed across Men's Doubles, Women's Doubles, and Mixed Doubles categories. The tournament witnessed fierce yet friendly matches throughout the day, with players showcasing their athleticism, coordination, and sportsmanship on the court. The event was filled with excitement, cheers, and unforgettable moments that reflected the enthusiasm and unity within the CA student community.

The event was conducted under the leadership of CA Nischal R Badarinath (Chairman – SICASA Bengaluru), and ably supported by CA Vinod Garg (Managing Committee Member), CA Raveendra Kore (Past MC Member), Sairam Sreekar B (Sports Coordinator – SICASA), and Tarun B K (Treasurer – SICASA). Their collective efforts and dedication ensured that the tournament was conducted smoothly and professionally, right from planning to execution.



The venue provided a vibrant and energetic environment, with players, volunteers, and audience members contributing to the success of the event. The spirit of healthy competition was evident throughout the tournament, and the commitment to fair play made the event all the more special.

Trophies and certificates were distributed to the winners and runners-up, along with participation certificates for all players. The CA Smash Tournament not only encouraged fitness and team spirit but also strengthened camaraderie among CA students, aligning with the broader vision of ICAI and SICASA to promote all-round development.



MOTIVATIONAL SESSION ON SUSTAINABILITY

Organized by Sustainability Reporting Standards Board (SRSB), ICAI

Hosted by ICAI Bengaluru Branch (SIRC) &
SICASA Bengaluru

On 25th June 2025, Saturday

Speaker: CA Geetha Ramanujam

On 28th June 2025, a “Motivational Session” on Sustainability was held at the ICAI Branch, Basavanagudi, Bengaluru, organized by Sustainability Reporting Standards Board (SRSB), ICAI and hosted by ICAI Bengaluru Branch (SIRC) & SICASA Bengaluru. The session was attended by 45 students and hosted by CA Geeta. Gagana Lakshmi N (Secretary-SICASA) welcomed the speaker with a live plant, and Noor-us-Saba introduced both the speaker and the secretary. The speaker shared ideas on turning balconies into lush green spaces and promoted eco-friendly practices. CA Geeta highlighted ICAI's efforts in sustainability through paperless audits, energy-efficient offices, and awareness campaigns. A PowerPoint presentation showcased ICAI's environmental initiatives. Participants learned simple steps like composting, using recycled pots, and planting native species. The session emphasized that sustainability is not just a policy but a mindset. It encouraged students to become ambassadors of change, aligning environmental responsibility with the values of the CA profession.



The background features a light blue sky at the top, transitioning to a warm orange gradient at the bottom. A large, faint, circular geometric pattern, resembling a sunburst or a stylized wheel, is centered in the background. In the top-left and bottom-right corners, there are illustrations of brown tree branches with several maple leaves in shades of yellow, orange, and brown. Some leaves are also scattered individually across the background.

CASA'S GOT TALENT

Pen Pose: Writing the Way to Wellness (Essay Writing Competition)

Organised by Public Relations Committee & Committee on Promoting Work
Life Balance, ICAI

On 17th June 2025, Tuesday

SICASA Bengaluru, in collaboration with ICAI Bengaluru Branch, successfully hosted the Essay Writing Competition titled "Pen Pose: Writing the Way to Wellness" on 17th June 2025 at ICAI Bhawan, Vasanth Nagar. The event witnessed enthusiastic participation from CA students, who expressed their thoughts on the themes "Yoga for a Balanced Life" and "The Role of Yoga in Workplace Wellness". Starting at 6:00 PM, the competition served as a unique blend of creativity and consciousness, encouraging participants to reflect on the role of wellness in professional life. Each essay showcased remarkable clarity, originality, and depth, making the judgment process both challenging and insightful. The event concluded with the felicitation of winners and words of encouragement from the Branch Committee. Overall, the competition was a thoughtful initiative promoting mindfulness and holistic well-being through the power of writing.

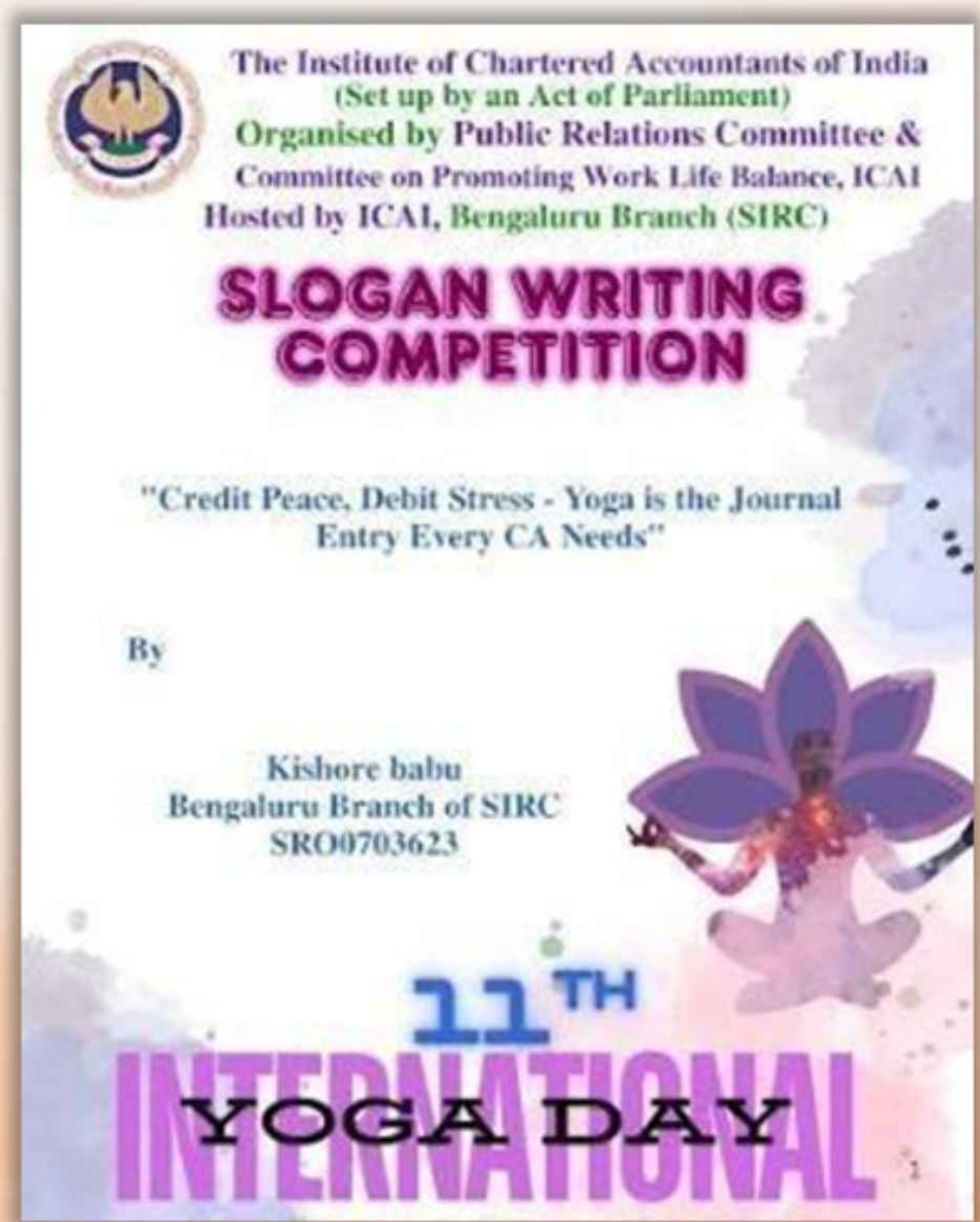
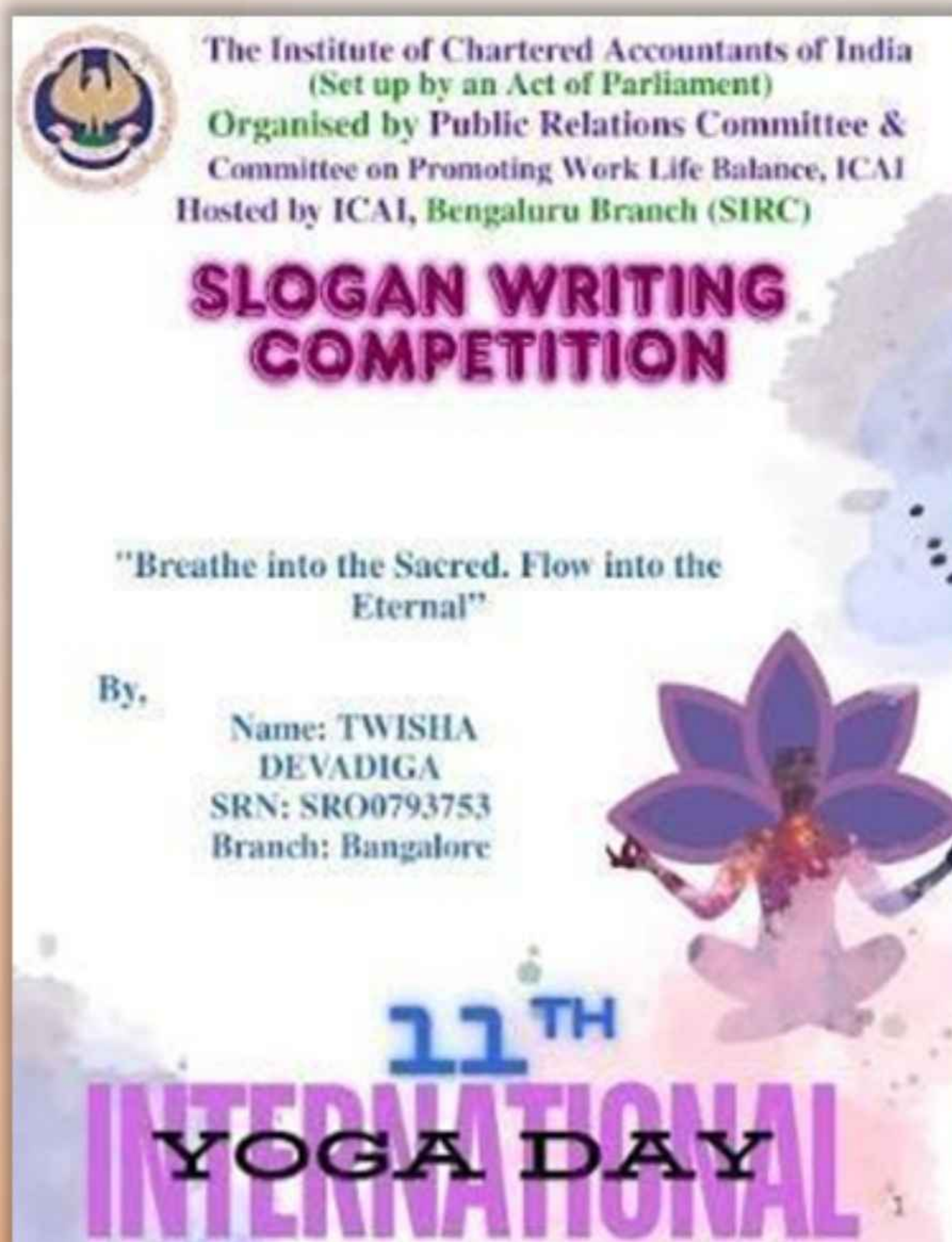


Reflections in Rhythm: The Yoga Way (Slogan Writing Competition)

Organised by Public Relations Committee & Committee on Promoting Work
Life Balance, ICAI

On 18th June 2025, Wednesday

As part of the CASA's Got Talent initiative, the Public Relations Committee of ICAI, along with the Committee on Promoting Work-Life Balance, hosted a creative Slogan Writing Competition to celebrate the 11th International Yoga Day. The event was organized by the ICAI Bengaluru Branch (SIRC) and SICASA Bengaluru. The theme for the competition was "Yoga for One Earth, One Health." The objective was to encourage CA students to creatively express the importance of yoga in promoting a healthy and harmonious world. A total of 47 entries were received, each presenting catchy and meaningful slogans within 10–15 words. These slogans beautifully highlighted the relevance of yoga in today's fast-paced lifestyle. All valid entries were featured on the CASA's Got Talent Instagram page. To encourage participation, 5 HOF points were awarded to every student with a valid submission. The competition was well-received and truly celebrated the spirit of wellness and creativity. Winner was Shashank K P.



Lights, Camera, Yoga! (Video Making Competition showcase)

Organised by Public Relations Committee & Committee on Promoting Work
Life Balance, ICAI

On 19th June 2025, Thursday

As part of the celebration of the 11th International Yoga Day, SICASA Bengaluru and the ICAI Bengaluru Branch (SIRC) organized an engaging and creative contest under the CASA's Got Talent initiative – "Lights, Camera, Yoga!" This video-making competition invited CA students to showcase their yoga journey or present the essence of yoga in just 60 seconds.

Themed around "My Yoga Journey" and "Yoga in 60 Seconds", the event received enthusiastic participation from students across India. A total of 10 participants submitted innovative and inspiring videos, either solo or in teams, reflecting the benefits of yoga, its poses, and creative storytelling approaches.

The competition was a unique blend of wellness, talent, and digital creativity, contributing to the holistic development of students. All valid entries earned 5 HOF Points and were featured on the CASA's Got Talent Instagram page. The winners and runners were awarded on 21st June 2025, adding excitement to the Yoga Day celebrations. The Winner was Sujatha Pai.



Mind Over Matter: The Yoga Quiz (Yoga Trivia Quiz)

Organised by Public Relations Committee & Committee on Promoting Work Life Balance, ICAI

On 20th June 2025, Friday

The 11th International Yoga Day Quiz Competition, organized by the Public Relations Committee and Committee on Promoting Work Life Balance, ICAI, and hosted by ICAI Bengaluru Branch (SIRC) and SICA Bengaluru at ICAI Bhawan, Vasanthnagar, Bengaluru, was conducted on June 20, 2025, at 6 PM. The event, themed "Yoga Concepts and Fundamentals: History, Benefits, and Facts," saw an enthusiastic participation of 20 individuals, including CA students, members, and employees. The quiz unfolded in an engaging manner across three rounds, testing participants' knowledge and fostering a spirit of mindfulness and wellness.

The atmosphere was vibrant, with participants showcasing remarkable enthusiasm and teamwork. The event featured insightful questions that highlighted yoga's history, benefits, and practices, creating a perfect blend of education and relaxation. Interactive sessions and a supportive environment added to the experience, making it a memorable occasion. A total of 5 HOF points were awarded to each participant for their active involvement. The judgment by the Branch Committee was final, and the competition concluded with Sarvesh emerging as the deserving winner. This quiz not only promoted yoga's essence but also strengthened community bonds, aligning with the "One Earth, One Health" vision.



SUSTAINABILITY REEL COMPETITION

Organized by Sustainability Reporting Standards Board (SRSB), ICAI

Hosted by ICAI Bengaluru Branch (SIRC) &

SICASA Bengaluru

On 26th June 2025, Sunday

As part of ICAI's Sustainability Month initiatives, the Sustainability Reporting Standards Board (SRSB), ICAI, with Bengaluru Branch (SIRC) and SICASA Bengaluru, launched the "CASA's Got Talent – Sustainability Reel Competition." This creative activity encouraged students to showcase their ideas and practices promoting sustainability through short videos. Designed to be social media- friendly, the reels were intended for platforms like Instagram and LinkedIn using the hashtag #ICAI Sustainability. The event received an enthusiastic response from students, with many submitting innovative and impactful content. The competition effectively engaged the student community in spreading awareness about environmental responsibility through creative digital media.



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- In English or Kannada only.
- Stories/History of Heritage of Karnataka/ Experience at SICASA events.
- All the above entries should be sent to newsletter.sicasabengaluru@gmail.com along with your Full Name, SRN and Formal Photo.

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